



Your physician has recommended that you have a **Transesophageal Echocardiogram (TEE)**.

The heart is a four-chambered hollow organ. It has four valves: an inlet and outlet valve for each of the two pumping chambers. Transesophageal echocardiography allows the close observation of the heart chambers, valves and aorta.

Your TEE will be performed by a cardiologist, assisted by a cardiac sonographer and a qualified nurse. You will be sedated and monitored throughout the procedure. The physician will place a flexible tube into your esophagus (food tube) by way of your mouth. Sound waves are bounced off the structures of your heart and images are recorded on videotape and with photographs.

When the test has been completed the doctor will remove the tube. The nurse will remove any monitoring equipment. Your throat will be numb for approximately 1-2 hours. After that period of time you may resume your usual diet, starting with water.

You should report to the nearest emergency department for severe throat pain, chest pain, shortness of breath, vomiting or bleeding after your procedure.

**\*\*\*\*SPECIAL INSTRUCTIONS FOR THE DAY OF THE PROCEDURE\*\*\*\***

- 1. Your routine medications should be taken with a small sip of water.**
- 2. You will need to have someone drive you to the hospital, wait in the waiting room while the procedure is being done and drive you home after the procedure is completed.**
- 3. You may not have anything to eat or drink for at least 8 hours prior to exam.**

**\*\*\*\*LOCATION\*\*\*\***

\_\_\_\_\_ **Sparrow Hospital**, 1215 E. Michigan Ave. Date \_\_\_\_\_

Please report to the admitting department on the 1st floor of the hospital at \_\_\_\_\_

\_\_\_\_\_ **McLaren Greater Lansing**, 401 W. Greenlawn Ave. Date \_\_\_\_\_

Please report to admitting department on the 1st floor of the hospital at \_\_\_\_\_

**If you have any questions concerning a test scheduled at McLaren Greater Lansing or Sparrow Hospital, please call: (517)483-7551.**

\_\_\_\_\_ **Memorial Healthcare Center**, 826 W. King St. Date \_\_\_\_\_. Patient must call (989) 729-6422 to pre-register for procedure. Please report to the Ambulatory Care Department on the 1st floor of the hospital at \_\_\_\_\_.

If you have any questions concerning a test scheduled at Memorial Healthcare Center, please call (989) 723-3613.

\_\_\_\_\_ **Sparrow Clinton Hospital**, 805 S. Oakland Street. Date\_\_\_\_\_. Hospital pre-register will call you prior to procedure date. Please report to the Information Desk on the 1st floor of the hospital at \_\_\_\_\_.

If you have any questions concerning a test scheduled at Sparrow Clinton Hospital, please call (989) 227-3454.

\_\_\_\_\_ **McLaren Central Michigan**, 1221 South Drive. Date\_\_\_\_\_. Hospital pre-register will call you prior to procedure date. Please report to the Heart and Vascular Center on the 1st floor of the hospital at \_\_\_\_\_.

If you have any questions concerning a test scheduled at McLaren Central Michigan, please call (989) 772-6700 and ask for the Diagnostic Department.

**PLEASE NOTE....**If the hospital calls to pre-register you and gives you a different time and/or location to report for your procedure, PLEASE follow the instructions that the hospital gives. If the hospital is unable to pre-register you, PLEASE follow the instructions that the office gave you.

\_\_\_\_\_ **You will need an office appointment to update your history and physical, which is required by the hospital prior to procedure.**

The appointment has been scheduled for \_\_\_\_\_ at \_\_\_\_\_.